

Summer Safety Tips



Swimming: Use the buddy system-make sure you have adult supervision while swimming. If you can not swim do not go near the water!



Bicycles: Make sure you wear your helmet and body guards to prevent serious injury if you should fall off your bike. Always ride on sidewalks so you do not become a target for cars driving by.



Automobiles: Please obey the posted speed limits and slow down! Children have a tendency of not looking both ways before going on the street.



Heat Exhaustion/Heat Stroke: The way that heat exhaustion can be prevented when the temperatures are extremely hot is to make sure you drink a lot of fluids to replace the fluids lost when you sweat. Also, if it is too hot outside we recommend that you stay in a cool environment unless you absolutely have to leave. Signs/Symptoms of heat exhaustion are: dizzy spells, nausea, headache, and altered thinking. For heat stroke these symptoms are more severe. If you believe that you may be experiencing these do not hesitate to call 9-1-1 for assistance.



The individuals that need to be especially careful around hot temperatures are those who use medications that can be altered as their body temperature rises. Some of these individuals are those



with diabetes, heart disease, alcoholism, and psychological disturbances.



Cooling Centers: On certain days were the temperature or heat index is high, the Village of Romeoville has a designated area to where you may enjoy the pleasures of air conditioning. The Romeoville Recreation Center is a designated cooling area where you will be able to go in and cool off.



Lawnmowers: For those ambitious residents who cut their own lawn there are a few things that you must keep in mind. When the lawnmower is in operation please do not stick your fingers underneath the lawnmower because you might notice some of them missing. Make sure the fuel you use is stored away from any ignitable sources.



Grilling/BBQ: When you grill keep children at least 3 feet away from all sides of the grill to prevent them from getting burned. Be conscious of the storage of your propane. Make sure you always shut off the gas once you are done grilling.



Adopt a Hydrant: If you have a fire hydrant on your property please do not plant flowers, shrubs, or anything that will block the view from the fire department.





Winter Safety Tips



Christmas Trees: If you purchase a fresh tree make sure you keep the tree watered. The most predominant time for a tree to burn easily is when it is dry and the pine needles start to fall off. Always throw the tree away before it becomes dry due to use. **DO NOT** try to burn the tree in your fire place!!

With either a fresh or fake tree it is not a good idea to keep the lights on for extended periods of time when you are home. It is not recommended to leave the Christmas tree lights on when you are not home.

Christmas lights: Remember not to overload the circuits. The amount of slots you are given should be all that you use instead of doubling them up. For the outside lights, if you have an open end where water can seep into place a piece of duct tape to prevent water from seeping in and causing a power surge. Try and have all of your lights connected to surge protectors.

Holiday Cooking: Always make sure that you are watching what you are cooking. If you have young children at home you should turn all pot handles in to prevent them from reaching up and spilling hot stuff on themselves. Make sure your smoke detectors work.

Furnaces: They should get services at least once a year, twice if you want to be careful. This ensures that it is working properly and should not cause any problems. Those who do not clean them annually once they go to turn the heat on it gives off an awful odor.

Space Heaters: These should be placed at least 3 feet away from flammable items such as walls, draperies, and furniture. Always unplug them before you leave the house.

Fireplaces: They need to be cleaned annually especially if you burn in them frequently. **ONLY** burn wood and **NEVER** burn paper or rags. Always use the fireplace screen to keep hot embers from coming out and burning things. Also, it may not be a bad idea when you have children around.

Snow Blowers: Before you plow your driveway make sure you warm up with a little walk to prevent injuries. Never place your fingers near the propeller of the snow blower.

Thin Ice: Children make sure you stay away from all ponds, lakes and rivers no matter how solid you make think the ice is. It only takes a few seconds for someone to fall in and can't get out.

Candles: Make sure that when you leave a room or go to sleep to blow out your candles. Keep lit candles away from things that can catch on fire.

Heating Centers: The Village of Romeoville has the Romeoville Recreation Center as a place where you can go to and get warm.

Senior Reach Out: If you know of an elderly resident that lives alone please be a good neighbor and check up on them. There have been too many cases where the elderly perish due to the swift temperature changes.

Adopt a Hydrant: If you have a hydrant on your property please make sure that it is clear of snow. It helps out the fire department tremendously and will be extremely appreciative if the task would be done.

Help Us Help You: We know that it is a pain to keep up with your numerical address on your home. Please make sure that the address is clearly visible from the street. That they are clear of clutter and snow. Lately, the fashion has been to lean towards the script wording of your address. While these are pleasant to the eye, it may be a bit more difficult for emergency response personnel to read them. Your help is extremely appreciated with this matter.

